

# ***SMART SLED***

## **Owner's Manual**



### **CAUTION**

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

# Important Safety Guidelines for Owners

## Assembly Guide

Follow these guidelines to maintain proper working condition of the equipment:

**Important:** *Do not modify the equipment or any of its parts, or permanently remove any part from the equipment. Do not use accessory attachments that are not recommended by ours as such attachments might cause injuries.*

- Qualified technicians must perform all regular maintenance.
- Make sure that trainers, facility personnel, and maintenance technicians understand how to use the equipment, know important safety guidelines, and can recognize potential problems such as a worn cable or cracked weld.
- Strength training requires a significant focus by the facility and its staff to maintain the quality of the fitness environment. If possible, the facility should provide direct supervision of the fitness equipment at all times by people knowledgeable about the safe operation of the equipment and trained to recognize potential problems.
- Make sure the equipment is stable and placed on a solid, level surface. The equipment is designed to be freestanding; however, equipment can be bolted to the floor for extra stability. Consult a qualified general contractor for proper fastening methods.
- Make sure that the equipment is installed with enough free space for safe operation.
- Place an “out-of-order” sign on the equipment during maintenance of the equipment or the surrounding area. Users should never be allowed to operate the equipment until it has been inspected and works properly. If a piece of equipment needs service, keep it out of use until repaired.
- Do not place the equipment outdoors or on wet surfaces.

# Assembly Instructions

It takes about 30 minutes to assemble this equipment. If this is your first time doing this, allowing more time.

Be careful to open boxes and assemble components in the sequence presented in this manual.

*Note: With so many assembled parts, proper alignment and adjustment is critical. While tightening the fasteners, be sure to leave room for adjustments.*

## Installation Requirement

- Unpack the boxes and assemble the equipment close to where you plan to use it.
- Locate equipment at least 40 inches (1 meter) away from any walls, furniture, or objects on all sides.
- While tightening the fasteners. be sure to leave room for adjustments, DO NOT fully tighten fasteners until instructed to do so.
- Set up and assemble the equipment on a solid, flat surface, so that it remains level and stable.

## Required Tools

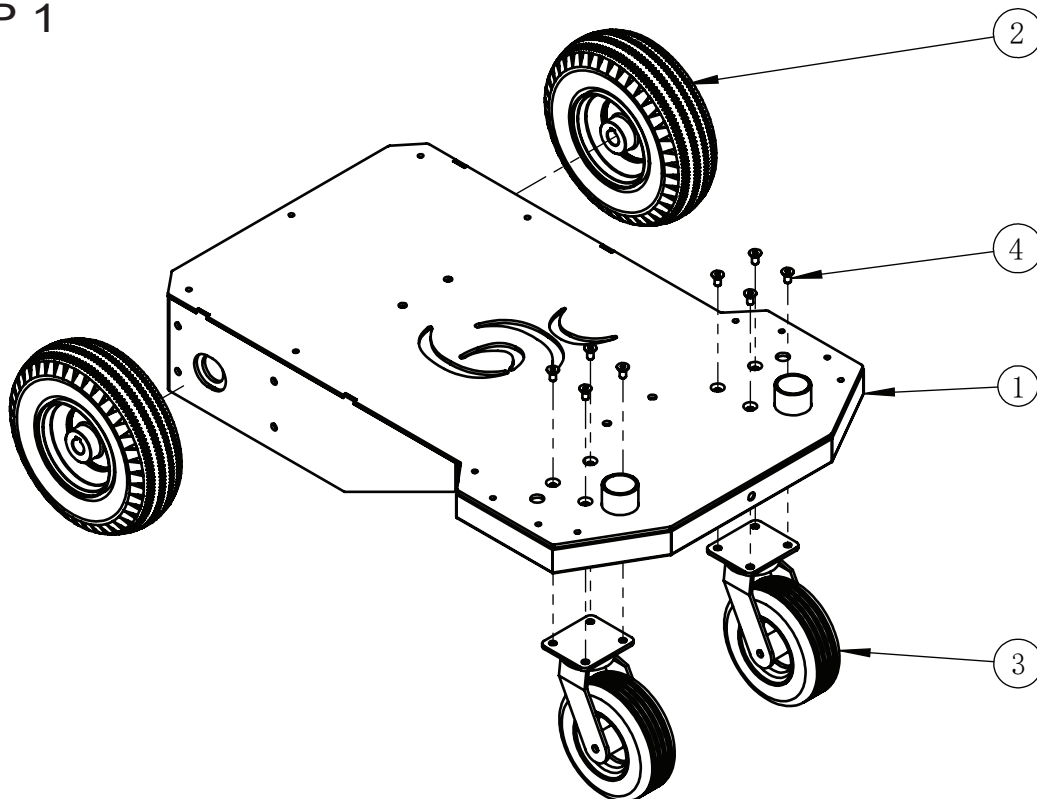
- Hex wrench sets, metric and standard, plus extensions
- Wrench Set Metric
- Box cutter

# Assembly Guide

## Parts List

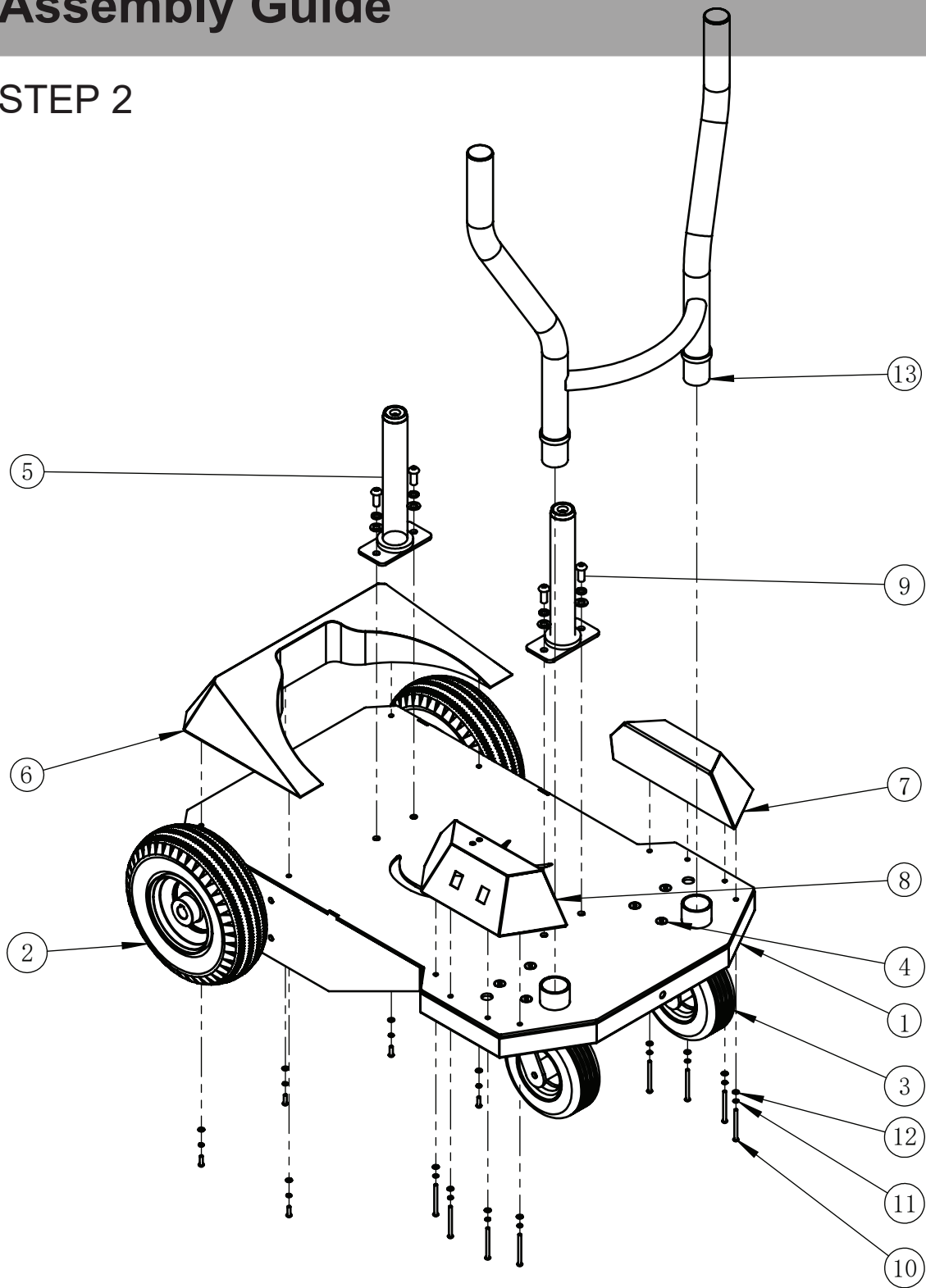
No.	Description	Qty
1	Sled Frame	1
2	Keyed 12" Wheels	2
3	Caster Wheels	2
4	Counter Sunk Bolt Assembly for Caster Wheels	8
5	Weight Horn	2
6	Front Top Plate	1
7	Power Panel	1
8	Control Panel	1
9	Button Head Assembly for Weight Horn	4
10	Button Head Bolt	8
11	Washer	8
12	Lock Washer	8
13	Handle	1

## STEP 1



# Assembly Guide

## STEP 2



# Daily Inspection

This section covers the tasks you should do each week to maintain the equipment. Choose the appropriate tasks for your equipment, depending on what you are maintaining:

1. Check the frame of the Smart Sled for any signs of damage or wear and tear. Look for any cracks or bends in the metal and ensure that all bolts and screws are tight and secure.
2. Inspect the wheels to make sure they are in good condition and are rolling smoothly. Look for any signs of damage or wear on the wheels.
3. Check the motor and electronics to ensure they are functioning properly. Test the controls and make sure that the motor is starting and stopping correctly. If you notice any issues, refer to the manufacturer's instructions for troubleshooting or contact their customer support team.
4. Check the handles and grips for any signs of damage or wear. Make sure they are securely attached to the sled and are comfortable to hold.
5. Inspect the surface of the sled to ensure it is clean and free of debris or damage. Wipe down the sled with a damp cloth to remove any sweat or dirt that may have accumulated during use.
6. Check the area around the sled to ensure it is clear of any obstacles or hazards. Make sure there is enough space to perform exercises safely and that the sled is not in danger of colliding with any other equipment or objects.

# Week Inspection

You will need to do the following tasks each day to maintain the equipment and keep it operating smoothly and safely.

Each of these tasks is covered in this section. You should perform those tasks that are appropriate for the equipment you are maintaining, and skip those tasks that do not apply.

1. Clean the sled thoroughly: Use a mild detergent and water to clean the entire sled, including the weight plates or resistance bands, handles, and frame. Wipe down the surface of the sled with a clean, dry cloth.
2. Check the battery: Check the battery to make sure it's holding a charge and replace it if necessary. Follow the manufacturer's instructions for replacing the battery.
3. Inspect the motor: Check the motor for any signs of wear or damage, and ensure that it's still functioning properly. Refer to the manufacturer's instructions for guidance on how to inspect the motor.
4. Check the resistance system: Inspect it to make sure it's working correctly. Test the resistance levels and adjust them as needed.
5. Tighten bolts and screws: Inspect all bolts and screws on the sled and tighten them as necessary. Loose bolts and screws can cause the sled to wobble or become unstable during use.

# Monthly Inspection

Each month, the following tasks should be performed to maintain the equipment. Choose the appropriate tasks based on what you are maintaining.

1. Check the power cord: Inspect the power cord and make sure it's in good condition with no signs of fraying or damage. If the cord is damaged, contact the manufacturer for a replacement.
2. Inspect the wheels: Remove the wheels from the sled and inspect them for any signs of damage or wear. If the wheels are damaged or worn, replace them with new ones.
3. Inspect the frame for rust or corrosion: Check the frame of the sled for any signs of rust or corrosion. If you notice any issues, use a rust remover and paint over the affected area to prevent further damage.



# Troubleshoot

1. Issue: The sled has no resistance.
  - a. Solution: Make sure the power switch is on and the sled is fully charged. Charging can be done with the micro USB charging cable provided. If the sled still has no resistance, check the sled's weight load and make sure it's set to the appropriate level for your workout.
2. Issue: One wheel is locked up.
  - a. Solution: Turn the whole system off and wait for at least 10 seconds before turning it back on. If the problem persists, contact BodyKore Customer Service for a replacement electronics box.
3. Issue: The sled is not connecting to the app.
  - a. Solution: First, shut down the sled and close out of the app. Start up both again and try to connect. If that does not work, ensure that no other device is connected to the sled and that the blue LED indicator light is off. Once the light is off, try to connect again. If the issue persists, check if your mobile device is compatible with the BodyKore Smart Sled app.
4. Issue: The manual control buttons do not work.
  - a. Solution: Make sure that the Bluetooth connection is not active by ensuring that the Blue LED indicator light is off. The manual control buttons should work when the sled is not connected to the app. If the issue persists, contact BodyKore Customer Service for further assistance.

If none of the above solutions work, please contact BodyKore customer support for further assistance.